



Copland/Fitzgerald Pass

Your gear will be checked at 8am on the morning of departure. Please bring as many of the items on the equipment list as you can. We can provide at no extra charge any items in list A that you are missing.

All technical climbing equipment (crampons, ice axe, helmet etc.) is provided.

Reminder: all food is provided.

A: Equipment which Alpine Recreation can provide if you do not have your own:

- backpack minimum 45 litre capacity
- mountaineering boots (well broken in & waterproofed, stiff enough for crampons) *1
- snow gaiters
- 2 pairs woollen socks
- 2 pairs polyprop long johns (thermal leggings)
- waterproof overtrousers
- polyprop singlet, long sleeved
- wool jersey or fleece jacket
- waterproof parka (with hood)
- gloves or mittens
- overmits
- wool hat or balaclava
- sun hat
- headlamp or torch with spare battery
- plastic bags
- pack liner (heavy duty plastic bag)
- eating utensils: mug, bowl, spoon
- ski/hiking poles

B: Equipment you must bring yourself/Alpine Recreation do not provide:

- personal underwear
- shirt (long-sleeved to avoid sunburn/keep cool)
- quick-drying (nylon) trekking pants or shorts
- sun glasses (high enough UV rating for snow)
- sun and lipscreen (high rated)
- sun scarf - for protecting ears & back of neck
- personal first aid (please provide your own blister kit)**2
- toilet gear (minimal)
- camera
- sleeping bag
- sleeping mat (for Copland Pass only)
- stove, fuel, pot
- ear plugs (to provide immunity in case of snorers!)
- drink bottle (minimum 1 litre)

*1 To test if your boots are suitable for crampons hold them at toe and heel and try bending the sole around like a banana. If you can do this your boots are too soft. Please note that we stock boots ranging from European size 37-48, if you have feet outside this range and do not have suitable boots of your own, you should let us know and should contact: Gnomes Alpine Sports [www.gnomes.co.nz, 57 South Terrace, Darfield, info@gnomes.co.nz; +64 (0)3 318 8433], Small Planet [www.smallplanetsports.com, 15-17 Shotover Street, sales@smallplanetsports.com, +64 (0)3 4425397], or Mountain Outdoors [www.mtoutdoors.co.nz, 17 Dunmore Street, Wanaka, office@mtoutdoors.co.nz, +64 (0)3 4432888]. It pays to book any hire equipment well in advance.

**2 We recommend Compeed and Leukoplast - available at chemists in Christchurch/Queenstown.